

# What Makes a Hero?

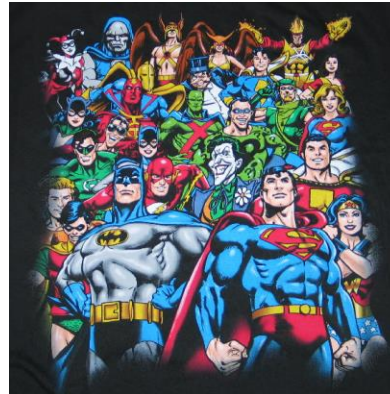
By Mr King





# Heroes

- When you think of a hero, what is the first thing that comes into your head?.....

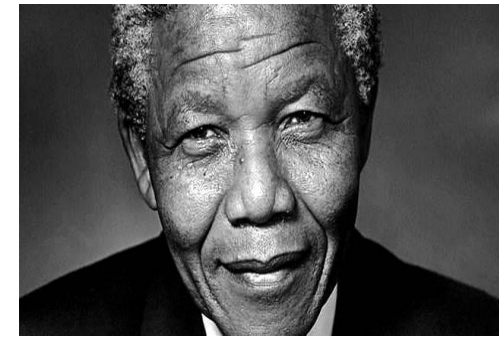




## Historical Heroes.....

# Nelson Mandela

- South Africa's first black president on May 10, 1994.
- He was the first South African president to be elected democratically.
- During this time in office, his main goal was transitioning the country away from the racist policy of apartheid.
- Imprisoned for 28 years on grounds of conspiracy and treason





# Martin Luther King

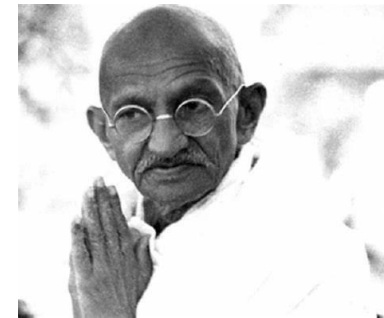
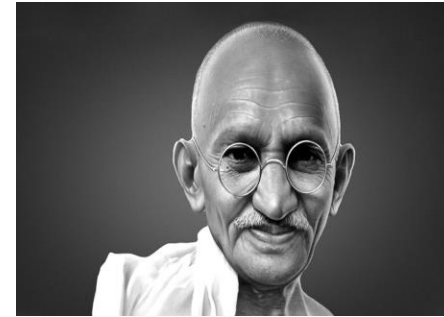
- Martin Luther King emerged as a civil rights activist following the arrest of the African-American woman Rosa Parks who refused to offer her seat to a white man.
- Martin Luther King won the Nobel Peace Prize in October 1964.
- Once Martin Luther King and his fellow activists started the protests to secure equal rights for African-American people, King's home was constantly under attack, however he continued to campaign for equal rights.
- Martin Luther King was assassinated in 1968





# Mahatma Gandhi

- A powerful voice for peace during a very volatile time in India's history.
- His famous hunger strikes and message of nonviolence helped to unite the country.
- Gandhi fought for independence, civil rights for women, the abolition of the caste system, and the fair treatment of all people regardless of religion









# Dr Dre

- He produces songs with popular rappers such as, Snoop Dogg and Eminem.
- In 2001, Rolling Stones magazine found Dr. Dre to be the second highest paid artist of 2001.
- Dr. Dre is the CEO of his two major companies, Aftermath Entertainment and Beats Electronics.
- Net worth: \$820 million USD





# Mo Farah

‘Britain’s greatest ever athlete’.

- The most successful British track athlete in modern Olympic Games history
- He is the 2012 and 2016 Olympic gold medallist in both the 5000 m and 10,000 m.







# Ariana Grande

- Ariana Grande-Butera is an American singer, songwriter, and actress.
- Estimated worth \$100million
- Began her career in the 2008 Broadway musical 13.
- She rose to prominence for her role as Cat Valentine in the Nickelodeon television series Victorious.





The UK's current heroes....





## Current Heroes in society today.....

- All of the following are continuing to work in and around Great Britain and the rest of world to support others whilst the current crisis continues
- Many of these professions require high levels of training and are well paid, whilst others are low paid careers. In each instance their job is vital in keeping the country running alongside supporting those impacted by the current climate
- Their motive/reasoning for continuing to work is clear. They are Key Workers and they are in place to support and care for others in their own individual way!
- The average salary of a Premier League football player earns around £50,000 PER WEEK. The average Key worker earns less than this amount PER YEAR!!



Current  
Heroes  
today...

# Police Officers

- Continuing to keep Britain safe
- Putting themselves at risk in the general public

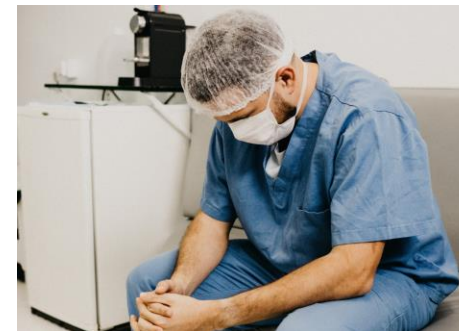
There are currently around  
125,000 police officers continuing  
to work in England and Wales....





# Doctors/Nurses

- Nearly 15,000 doctors who had retired in the past 3 years have come back to work for the NHS to help fight the virus
- Healthcare professionals are continuously exposed to the virus on a day to day basis and still go to work everyday.
- Many of these have had to moved away from their families during the crisis, so as not to increase the risk of infection to loved ones...





# Delivery Drivers/Postal Workers

Since lockdown there has been 29 per cent rise in online sales for non-essential items such as fashion and beauty.

An average delivery drive is now expected to deliver between 150-200 parcels per day...

There are currently 90,000 postmen/women delivering mail to the UK.







# Tony Fowler

- A milkman who has become well-known for taking bread, washing up liquid and tea to his customers has added to his services as many begin to self-isolate.
- Tony Fowler has been covering villages in north Leicestershire for more than 35 years.
- In recent weeks he has changed light bulbs, picked up prescriptions and shared books for his elderly customers.

"We have had fuel shortages, foot-and-mouth and milk shortages, but I have never let them down before,"





# Rachel Pleasant

- In Altrincham, Greater Manchester, Rachel Pleasant is recruiting volunteers to help local residents who are elderly, vulnerable or stuck at home without any family or friends nearby.
- She and two others set up a Facebook group on Saturday.



"Before we know it we've had 2,000 people join the page and 3,500 messages of support saying please let us help. It's been amazing."



# Becky Wass

- "It's been great to see kindness spread so fast and so far," said Becky Wass, whose separate postcard campaign aimed at helping people look out for their neighbours was shared widely on social media.
- The postcard, which people can print at home, allows neighbours to offer to deliver shopping, drop off urgent supplies or talk on the phone, and gives the recipients their name and phone number to contact.
- "The response has been incredible," said Ms Wass, from Falmouth in Cornwall.

HELLO! If you are self-isolating, I can help.

My name is .....

I live locally at .....

My phone number is .....

If you are self-isolating due to COVID-19 I can help with:

☐ Picking up shopping ☐ Posting mail

☐ A friendly phone call ☐ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. #ViralKindness

"I'm now hearing heartwarming stories from around the world about people connecting with their neighbours."





The question is.....what will happen after things start to return to normal? Who will be your Hero? The footballer, the singer, the sports personality, the reality star?

OR

The police officer, the care worker, the nurse, the doctor, the delivery driver.....

# What can you do to make a difference?

