

# Royal Alexandra and Albert School Lunch Menu – Week One

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LUNCHEON</b>	<b>LUNCHEON</b>	<b>LUNCHEON</b>	<b>LUNCHEON</b>	<b>LUNCHEON</b>	<b>LUNCHEON</b>	<b>LUNCHEON</b>
Traditional Bangers & Mash with Roasted Onion Gravy	Mozambican Chicken & Spinach	Classic Beef Lasagne	Thai Green Chicken Curry	Classic Chip Shop Fish & Chips		<b>Brunch</b>
Grilled Mackerel Fillet	Nigerian Beef Stew	Pork & New Potato Ratatouille	Red Ginger & Coriander Fish Curry	Potato Topped Chicken & Mushroom Pie		
Caramelized Vegetarian Sausages & Mash	Vegetable Stuffed Kenyan Chapati	Layered Mediterranean Vegetable Lasagne	Thai Vegetarian Sweet Chilli Cakes	Sweet Potato & Leek Pasty		
Honey Roasted Root Vegetables & Broccoli	Spiced Cauliflower & Greens	Tomato, Garlic & Sweet Basil Ciabatta	Soy & Lime Stir Fried Vegetables	Mushy Peas & Baked Beans		<b>Jason's Juice &amp; Smoothie Shack</b>
Creamed Potato	Jollof Rice	Rocket & Baby Spinach Salad with Balsamic Dressing	Garlic & Spring Onion Noodles	Royal Alex 'Chippy' Curry Sauce		
Apple & Bramble Crumble with Custard	Coconut & Mango Dessert	Fruit of the Forest Sponge with Vanilla Sauce	Lemongrass Syrup Fruit Salad	Sticky Toffee Pudding & Sticky Toffee Sauce		
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
<b>'GFC'</b> Gatton Fried Chicken  Beef Gumbo  Sweet Corn & Red Onion Fritters (v)  BBQ Beans & Sweetcorn	<b>アレクサンドラ</b> Alexandra Noodle Bar  Teriyaki Chicken Yakitori Pork Miso Tofu	<b>Royal Alex 'Burger Joint'</b>  House Made Prime Beef Burger  Mozzarella & Field Mushroom Burger  Popcorn Chicken Burger	<b>Gatton Filipino Extravaganza</b>  Pinoy Barbeque Chicken  Pork Adobo  Soptanghoon Vegetable Braised Noodles	<b>Toni's Italian Pasta Night</b>  Assorted pastas & sauces selected by our resident Italian culinary expert, Toni	<b>Chef's Special Menu</b>	<b>Roast of the Week</b>
Spiced Wedges	Noodles	Coleslaw, BBQ Sauce, Caramelized Onions	Steamed Sesame Greens	Garlic & Herb Ciabatta		Yorkshire Pudding
Coleslaw & Gravy	Crisp Japanese Vegetables	Shoe String Fries	Coconut Sticky Rice	Italian Salad Bar		Roasted Potatoes & Root Vegetables
Mississippi Mud Pie	Sata Andagi (Japanese Doughnuts)	Blueberry Muffins	Podeng Coconut Pudding	Chocolate & Mascarpone Cheesecake		Gypsy Tart

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Classic Spaghetti Bolognese	Bobo de Frongo (Chicken & Casava Stew)	Sage Roasted Turkey	Chilli con Carne	Classic Chip Shop Fish & Chips	<b>Burrito Bar</b>	<b>Brunch</b>
Pork & Black Olive Casserole with Polenta	Mukeca de Peixe (Spicy Fish Casserole)		Baked Fillet of Cod on Chorizo & Cannellini Bean Cassoulet	Potato Topped Beef & Onion Pie		
Layered Mediterranean Vegetable Lasagne	Vegetarian Feijoada	Field Mushroom Wellington	Falafel Enchilada with Harissa	Cheddar, Onion & Potato Pie	Refried Bean (v)	<b>Jason's Juice &amp; Smoothie Shack</b>
Tomato, Garlic & Sweet Basil Ciabatta	Garlic Broccoli	Savoy Cabbage & Roasted Carrots	Salsa, Rice, Fresh Green Salad	Mushy Peas & Baked Beans	Lime & Coriander Rice, Sour Cream, Cheese, Salad	
Rocket & Baby Spinach Salad	Steamed Rice	Baked Garlic Herby Potatoes	Steamed Rice	Royal Alex 'Chippy' Curry Sauce	Mexican Salad Bar	
Italian Gingerbread Cake	Banana Cake	Eve's Pudding	Mexican Chocolate Pudding	Vanilla Rice Pudding with Berry Compote	Magdelenas Caseras	
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
<b>'Pizza Xpress'</b> House baked fresh pizzas with assorted toppings, mozzarella cheese & fresh oregano	<b>'Stiff Upper Lip'</b> Sausage & Vegetable Wellington Admiral's Fish Pie Individual Vegetarian Cottage Pie	<b>Royal Alex 'Burger Joint'</b> House Made Prime Beef Burger Mozzarella & Field Mushroom Burger Popcorn Chicken Burger	<b>North African Safari</b> Slow Braised Chicken Tagine Moroccan Spiced Beef Stew Mini Khobz with Butternut & Spiced Aubergine	<b>Toni's Italian Pasta Night</b> Assorted pastas & sauces selected by our resident Italian culinary expert, Toni	<b>Chef's Special Menu</b>	<b>Roast of the Week</b>
Rocket & Parmesan or Grande Caesar Salads	Roasted Root Vegetables & Gravy	Coleslaw & Relish	Cumin Seed Scented Carrots & Buttered Greens	Garlic & Herb Ciabatta		Yorkshire Pudding
Garlic Potatoes	Herb Roasted New Potatoes	Shoe String Fries	Scented Cous Cous	Italian Salad Bar		Roasted Potatoes & Root Vegetables
'Ice Cream Parlor'	Apple & Pear Pie with Custard	Banana Muffins	Zesty African Orange Cake	Tiramisu		Lemon Drizzle Cake

# Royal Alexandra and Albert School Lunch Menu – Week Three

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Turkey Paella	Tomato & Basil Pasta Bake	Ricardo's Piri Piri Chicken	Opor Ayam (Javanese Chicken Curry)	Classic Chip Shop Fish & Chips		Brunch
Pork, Butter Bean & Chorizo Stew	Spinach Carbonara Pasta Bake	Porco a Alentejana	Rendang Sapi (West Sumatran Beef Curry)	Potato Topped Turkey & Ham Pie		
Baked Spanish Tortilla	Macaroni Cheese	Spiced Bean Polenta Cakes	Sambal Goreng Telor (Indonesian Spicy Eggs)	Carrot & Swede Pasty		Jason's Juice & Smoothie Shack
Baked Tomato Courgettes & Fine Beans	Mediterranean Roasted Vegetables	Buttered Corn	Tumis Buncis (Stir Fry Green Beans)	House Made Mushy Peas & Baked Beans		
Patatas Bravas	Parmesan & Salad	Roasted Sweet Potatoes	Galangal Noodles	Royal Alex 'Chippy' Curry Sauce		
Bizochos Borrachos	Mascarpone & Coffee Cake	Portuguese Honey Cake	Kolak Pisang	Raspberry & Apple Crumble		
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
<b>'Reggae Reggae' Night</b> Jamaican Beef Curry Caribbean Jerk Marinated Chicken Sweet Potato & Black Bean Stew	<b>Northern Takeover</b> Lancashire Hot Pot Beef Cottage Pie Blind Scouse & Dumplings	<b>Royal Alex 'Burger Joint'</b> House Made Prime Beef Burger Mozzarella & Field Mushroom Burger Popcorn Chicken Burger	<b>亚历山德拉 Chinese Banquet</b> Sweet & Sour Pork Cantonese Style Chicken Tofu & Ginger Chow Mein	<b>Toni's Italian Pasta Night</b> Assorted pastas & sauces selected by our resident Italian culinary expert, Toni	<b>Chef's Special Menu</b>	<b>Roast of the Week</b>
Coriander & Allspice Braised Vegetables & Corn	Buttered Cabbage & Roasted Carrots	Coleslaw & Relish	Prawn Crackers & Cucumber Ribbon Salad	Garlic & Herb Ciabatta		Yorkshire Pudding
Rice & Pidgeon Peas	Tater Hash	Shoe String Fries	Egg Fried Rice	Italian Salad Bar		Roasted Potatoes & Root Vegetables
Key Lime Pie	Manchester Tart	Chocolate Chip Muffins	Banana Fritters	Genoise Cakes with Vanilla Butter Icing		Carrot Cake